

2010 East Coast Classic

Friday
February 12, 2010
 Lyndsey ← **SESSION 1**
 Glynnis Level 7
 Claire Ages 7 to 11
 Madison
 Natalie ← **SESSION 2**
 Julia Level 7
 Ages 12 & older
 Sami C. ← **SESSION 3**
 Austin Level 9
 Ages 8 to 15
 Lindsey ← **SESSION 4**
 Alexa Level 9
 Annese Ages 16 & older
 Level 10 All ages

9:00 AM Gymnast Check In
 9:30 AM Stretch
 10:00 AM Timed warm up & Competition
 12:30 PM Awards
 12:00 PM Gymnast Check In
 12:30 PM Stretch
 1:00 PM Timed warm up & Competition
 3:15 PM Awards
 2:45 PM Gymnast Check In
 3:15 PM Stretch
 3:45 PM Timed warm up & Competition
 6:15 PM Awards
 5:45 PM Gymnast Check In
 6:15 PM Stretch
 6:45 PM Timed warm up & Competition
 9:30 PM Awards
 7:30 AM Gymnast Check In

SESSION 5
 Level 6
 All Ages
 Hannah ← **SESSION 6**
 Zoe Level 8
 Ellie Ages 8 to 13
 Kennedy
 Natalie/H.
Saturday
February 13, 2010
 Symphony ← **SESSION 7**
 Ashleigh Level 8
 Natalie K. Ages 14 and older
 Kirsten
 Rachel H.
 Meaghan C.
SESSION 8
 Level 9/10
 Event Finals
 TOP 10 Level 10 per event
 TOP 10 level 9 per event

8:00 AM Stretch
 8:30 AM Timed warm up & Competition
 11:30 AM Awards
 10:30 AM Gymnast Check In
 11:00 AM Stretch in Dance Room
 11:30 AM Timed warm up & Competition
 2:30 PM Awards
 1:30 PM Gymnast Check In
 2:00 PM Stretch in Dance Room
 2:30 PM Timed warm up & Competition
 5:30 PM Awards
 5:00 PM Gymnast Check In
 5:30 PM Stretch
 6:00 PM 30 minute warm up 2 events per level
 6:30 PM Competition 2 events per level
 7:30 PM Acro Demonstration
 7:45 PM 30 minute warm up 2 events per level
 8:15 PM Competition 2 events per level
 9:15 PM Awards & 9/10 Combined Team Award
 7:30 AM Gymnast Check In

JENA ← **SESSION 9**
 Level 4
 Ages 6 to 8
 everyone ← **SESSION 10**
 else Level 4
 Ages 9 & older.
Sunday
February 14, 2010
SESSION 11
 Level 5
 Ages 7 to 9
 everyone ← **SESSION 12**
 Level 5
 Ages 10 & older

8:00 AM Stretch
 8:30 AM Timed warm up & Competition
 10:30 AM Awards
 10:00 AM Gymnast Check In
 10:30 AM Stretch
 11:00 AM Timed warm up & Competition
 1:00 PM Awards
 12:45 PM Gymnast Check In
 1:15 PM Stretch
 1:45 PM Timed warm up & Competition
 4:00 PM Awards
 3:30 PM Gymnast Check In
 4:00 PM Stretch
 4:30 PM Timed warm up & Competition
 6:45 PM Awards